

## About Ride On

In addition to Therapy Services, Ride On offers adaptive riding for individuals with disabilities. As a PATH Premier Accredited facility, Ride On has committed to following the highest standards for safety and program operations.

Ride On is a host site for American Hippotherapy Association (AHA, Inc) approved trainings and has hosted numerous other professional trainings taught by Ride On staff and invited expert clinicians. Ride On is an approved fieldwork site for several University therapy degree programs.

You will find Ride On at two beautiful sites - in Chatsworth in the San Fernando Valley, and, in Newbury Park in the Conejo Valley.



## About Fees and Funding



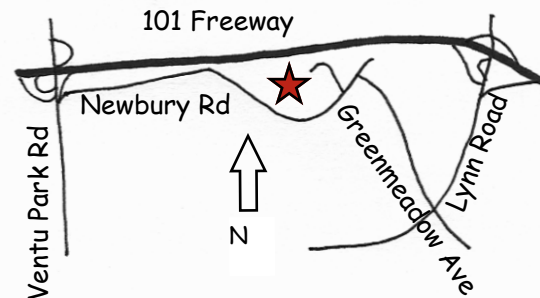
Payment is expected at the time of service. Many insurance plans will reimburse for the cost of therapy services provided at Ride On. The Ride On staff is available to discuss fees, reimbursement and potential scholarships that may be available to those requiring assistance.

Founded in 1994, Ride On is a 501 (c)(3) nonprofit corporation.



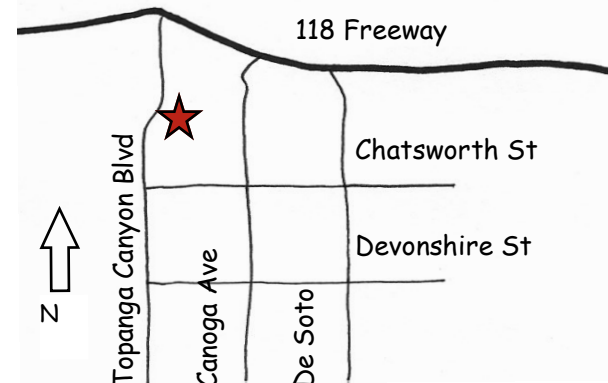
## Serving the Conejo Valley

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Newbury Park, CA 91320  
Tel No: (805) 375-9078  
Fax No: (805) 375-8640  
info@rideon.org



## Serving the San Fernando Valley

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Chatsworth CA 91311  
Tel No: (818) 700-2971  
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# Ride On THERAPY SERVICES



Serving the San Fernando and  
Conejo Valleys  
www.rideon.org



In Partnership with  
Conejo Recreation and Park District



## Therapy Services

**T**herapy services offers Physical, Occupational or Speech Therapy. We specialize in using the movement of the horse (hippotherapy) to improve function.

Working outdoors in a natural environment or indoors in the clinic, our therapists help patients to improve balance, postural control, sensory processing, mobility, communication and more.



## Therapy at Ride On is...

- ◆ One of many treatment strategies that you and your PT, OT, or SLP can choose from to achieve improved function.
- ◆ One-on-one treatment using the movement of the horse.
- ◆ Most effective for children (over the age of 2) or adults with mild to severe movement or sensory challenges.
- ◆ Implemented by California licensed therapists working with PATH certified instructors who train and handle the therapy horses. Ride On's therapists are all credentialed through the AHA, Inc.
- ◆ Well-researched, published and endorsed by physicians, therapists and professional organizations such as the AMA, APTA, AOTA, ASHA and HETI.
- ◆ Improving function by facilitating independence in activities of daily living in school, work, home and in leisure.
- ◆ **Following an evaluation with Ride On's therapists** to establish treatment goals and the preferred strategies to accomplish them.
- ◆ **Not learning how to ride.** Our therapy sessions focus on reducing impairments and improving function. If you have a disability and want to learn how to ride a horse, ask about our therapeutic riding program which emphasizes riding skills and recreation.
- ◆ **Easy to start. Contact Therapy Services at 818.700.2971 or download paperwork from our website, [www.RideOn.org](http://www.RideOn.org).**



## Why the Horse?



**T**he well-trained therapy horse moves in a rhythmic, symmetrical and organized way. Each step the horse takes provides strong sensory and physical input in many dimensions including up and down; side to side; and back and forth. By asking for variations in these movements the therapist gains results that cannot be achieved by a machine or duplicated in a clinic setting.

The very capable horses at Ride On have been carefully selected for their movement quality and even temperament and then further trained. The horse accurately and tirelessly provides ample opportunities for the patient to experience movement and sensory input that will enhance their quality of life.

The warmth, touch, sight and sound of the horse and the natural outdoor ranch environment gives our patients the opportunity to reach their goals and have fun at the same time.